

2020 StarkMHAR COMMUNITY CHAMPION AWARD GOES TO NAMI STARK COUNTY



Presented annually, the HOPE Awards honor people and organizations who are making strides and influencing change to advance behavioral health right here in Stark County. NAMI Stark County works to *"Provide Hope for Recovery for Persons and Families Impacted by Mental Illness."* We are dedicated to improving the lives of persons and families in Stark County who have been touched by mental illness through NAMI public

education and information; family and peer education, support and advocacy on behalf of people living with mental illness and for the health of our community; and visible public events that raise funds and awareness.

We are honored to receive the StarkMHAR Hope Award. We would like to thank StarkMHAR for recognizing the work we do in Stark County and Bart Fredrick NAMI Stark County Board President for the nomination. NAMI Stark County staff, volunteers and board members have lived experience as a person living with mental illness, a family member or both. NAMI Stark County's dedicated and passionate staff, volunteers, board members and community partners help make a difference in so many lives.



NAMI STARK COUNTY OFFICE REMAINS CLOSED DUE TO COVID-19

Stark MHAR Offices are going to start opening up the first round of staff in July but are still closed to visitors.

We are not sure when we will re-open but fear not.....We are still working from home!

All of our educational classes and groups will be virtual on ZOOM for the remainder of 2020.

An updated 2020 schedule is included in this newsletter and on our website. You can also find a wealth of information on our website at www.namistarkcounty.org

If you need to talk to someone, call the office and leave us a message. 330-455-6264. The voicemail is checked daily and we will call you back.

Pease remember that "You are NOT Alone". Call us, email us, check out our Facebook Page and our website.

The world is very different now. Stay safe

2020 NAMI STARK COUNTY VOLUNTEER RECOGNITION AWARDS DINNER

After careful consideration, we cancelled the dinner back in March due to the COVID-19 virus. We have decided that for everyone's safety, we will combine the 2020 and 2021 awards on March 23, 2021. All awards for 2020 will be given out at that time. We will celebrate NAMI's wonderful volunteers and those in the community that have been nominated for Peer of the Year, Professional of the Year, and our new Starfish Award.



AUGUST 21, 2020

NAMI STARK COUNTY: 2ND ANNUAL GOLF OUTING

Sable Creek – Hartville, Ohio

NAMI Stark County will be hosting its 2nd annual golf outing at Sable Creek in Hartville, Ohio on June 19, 2020. There will be opportunities to win big prizes throughout the course – and the opportunity to win huge prizes for just being present!

We'll have lunch at the turn, and a dinner following the scramble. Don't miss out! It's going to be a great day at Sable Creek

We will have a shotgun start at **8:00 AM**.

COSTS:

- * \$75 per player; \$300 per team
- * Sponsorship opportunities available, contact us for details.
- * Venmo payments accepted, contract us for details.
- * Online tickets being sold through Eventbrite!
- * **Please bring your masks**

**Putting Contest at
7:45 AM & guaranteed
prizes on the course!**

Skins & Mulligans

50/50 & Door Prizes

**Lunch at the turn and
dinner following the
outing**

**Big Prizes for 1st, 2nd,
and 3rd place teams!**

CONTACT INFO

Travis Johns

330-432-4250

travisajohns@gmail.com

BUY TICKETS HERE:

namistarkgolf.eventbrite.com

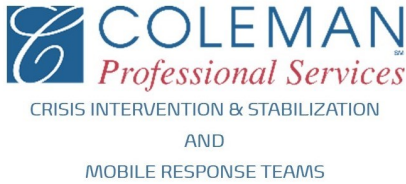
LIKE US ON FACEBOOK

facebook.com/namistarkgolf

NAMI STARK COUNTY HEROES

Heroes: people noted for courageous acts or nobility of character

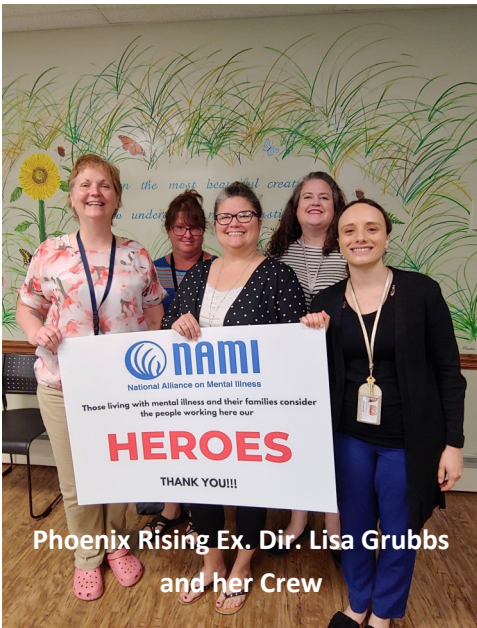
Even with much of Stark County shut down due to COVID-19, those with mental health problems were able to receive the help they need due to our **Heroes!** So many things changed! These organizations kept up and kept helping! Some worked from home, some were still in the trenches, some did online appointments, some made sure clients received their meds, some held important meetings on ZOOM or Microsoft Teams and kept reaching out to people!



Coleman Professional Services Canton & Alliance - Stephen Incheck - Chief Officer



ICAN Housing Ex. Dir Julie Sparks & Aaron Wagster



Phoenix Rising Ex. Dir. Lisa Grubbs and her Crew



StarkMHAR Front Desk and Homeless Hotline



CommQuest Canton & Alliance

Trista Todd



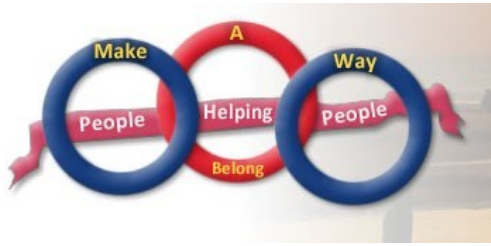
CommQuest AOD Staff Canton



Child & Adolescent Service Center CEO Joe French w/Robin Holland NAMI

NAMI STARK COUNTY

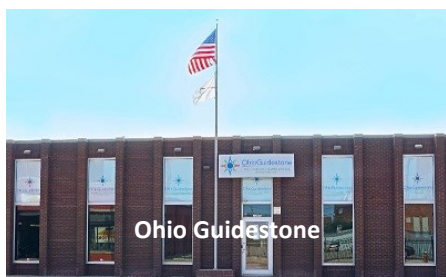
HEROES



Summit
Psychological
Associates, Inc.



Stark Community Support Network



Normal People

By Sally Rooney

Hogarth Trade Paperback

273 pages

Normal People is a novel set in Ireland about the on-and-off relationship of two young adults: Marianne and Connell. They are exceptional students and attend Trinity College in Dublin. However, Marianne is an eccentric loner from an affluent family, while Connell is popular and athletic and from a working-class family. Both experience emotional turmoil.

During high school, they have a hidden love affair. "Her father died when she was thirteen and Connell has heard she has a mental illness now or something." He wants to stay popular and worries about how it might look, and she obliges. Their relationship began when Connell picks up his mother from Marianne's home, where she is a housekeeper. Before the Debs dance, he breaks up with her. Marianne feels broken, and then only goes to school for exams.

They get back together at Trinity, where Marianne is more stylish, social and popular and Connell is awkward from being working-class. They see each other, but also have other affairs. Social class and acceptability give them issues, but they are drawn to each other.

Toward the end of the novel, Connell is depressed from the suicide of his high school friend and soccer teammate, Rob, who was found dead in a river. He completes an intake questionnaire at the College Counseling Center and is given medication. He confides to his counselor Gillian that he hates it at Trinity and now feels he can never go back home. Gillian responds: "What we can do here is try to work on your feelings, and your thoughts, and your behaviors. We can't change your circumstances, but we can change how you respond to your circumstances."

At the funeral, Connell and Marianne get back together. At home, Connell is more confident about his relationship with Marianne and they attend parties together unashamed. Upon his return to Trinity, he becomes the editor of the college's literary journal. Furthermore, he is accepted into an MFA program in New York.

"You should go," Marianne says. "I will always be here. You know that."

-by Steven Pryce



Foundations A Place for Education & Recovery

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Tel. 330-454-2888 Warmline. 330-455-1234
www.foundationscanton.org information@foundationscanton.org

NAMI Stark County Virtual Peer and Family Support Groups

What's new at NAMI Stark County?

NAMI Stark County Friday Peer Support Group (Adults with Mental Illness)

7:00 PM – Group meets weekly Friday
 Join Zoom Meeting <https://zoom.us/j/386459766>
 Meeting ID: 386 459 766

NAMI Stark County Tuesday Peer Support Group (Adults with Mental Illness)

7:00 PM – Group meets weekly Tuesday
 Join Zoom Meeting <https://zoom.us/j/97629915727>
 Meeting ID: 976 2991 5727

NAMI Stark County Sunday Night Support Group (Peers and Family Members)

7:00 PM – Group meets weekly Sunday
 Join Zoom Meeting <https://zoom.us/j/798097665>
 Meeting ID: 798 097 665

NAMI Stark County Monday Family Support Group (Family Members)

6:00 PM – Groups meets weekly Monday
 Join Zoom Meeting <https://zoom.us/j/310500499>
 Meeting ID: 310 500 499

NAMI Stark County Wednesday Dual Recovery Anonymous (DRA) Support Group (Family Members and Peers with Mental Illness/Substance Abuse)

7:00 PM – Group meets weekly Wednesday
 Join Zoom Meeting <https://zoom.us/j/91665633660>
 Meeting ID: 916 6563 3660

Join by computer

Zoom.com

Enter meeting #

Or

Smartphone

Download

Zoom app

Enter meeting #

Or

Call in

1-646-558-8656

Enter meeting #

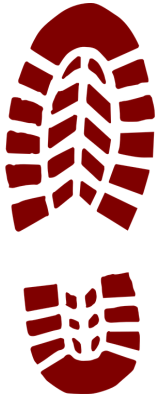
Plan to join 10 – 15 minutes before start time

Support Groups: For those impacted by mental illness, Family Members and Natural Supports. Help is available; you are not alone! No registration required. If you have questions, please call 330-455-6264 and we return your call as soon as possible.

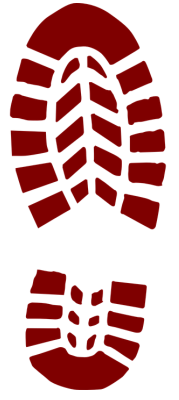
2020 Schedule Education Schedule

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6-week course for parents of school- aged children affected by mental diagnosis such as autism, AD/HD, Depression,etc. It is taught by trained parents.				
Basics				
Wednesday	July 15 - August 19		Virtual Zoom	6:00 - 8:00 pm
Wednesday	September 9 - October 14		Virtual Zoom	6:00 - 8:00 pm
Wednesday	October 28 - December 2		Virtual Zoom	6:00 - 8:00 pm
8-week course for family members and other support people affected by a loved one's mental health. It is taught by trained family members.				
Family to Family				
Tuesday	August 25 - October 13		Virtual Zoom	6:00 - 8:30 pm
Tuesday	October 20 - December 8		Virtual Zoom	6:00 - 8:30 pm
8-week course for individuals living with a mental health condition. It is taught by trained peers.				
Peer to Peer				
Thursday	August 27 - October 15		Virtual Zoom	6:00 - 8:00 pm
Thursday	October 22 - December 10		Virtual Zoom	6:00 - 8:00 pm

You must pre-register for classes by calling 330-455-6264



COME WALK WITH US
Virtual Kick-Off Breakfast
Hosted by: NAMI Stark County
Wednesday, August 19
7:30 AM to 9:00 AM EDT
Your House!



We are currently setting up our virtual link... stay tuned!



Stark County



MOVING FORWARD for MENTAL HEALTH



VIRTUAL WALK

SUNDAY OCTOBER 4, 2020

We are currently setting up our virtual link... stay tuned!



NAMI
National Alliance on Mental Illness

Stark County

The County's Voice on Mental Illness
121 Cleveland Ave., S.W.
Canton, OH 44702



NAMI

National Alliance on Mental Illness

Stark County

Board of Directors

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Bart Fredrick

First Vice President:
Zach Hostetler

Second Vice President:
Josh Pedrozo

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Dale Rush

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Megan Elkins
Kendall Kennedy
Leah LePar
Robb Lightell
CJ Stantz
Tom Stone

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330-455-NAMI [6264]

NAMI Stark County @ Heartland Behavioral Healthcare:
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