



National Alliance on Mental Illness

# NAMI

# Stark County

## More than 335 Joined Together for the Moving Forward for Mental Health Walk



More than 335 participants, wearing purple NAMI shirts, boosted their physical and mental health on the 2.8 mile walk through North Canton and the Hoover Park Connector Trail, while raising awareness and funding to support education programs, support groups and advocacy for those touched by mental illness in our community and to remember those we have lost to their mental illness.

“People touched by mental illness – those struggling personally, their families, caregivers, health care professionals and friends joined together to raise awareness for this illness that affects one in four people in this country,” said Kay Raga, Executive Director and Walk Manager. “It was a powerful sight and a celebration of the positive impact that education, support and advocacy can have on the lives of those touched by mental illness.”



**THANK YOU!**



**SAVE THE DATE of Sunday, October 4, 2020**

for this year's walk! Visit [www.namistarkcounty.org](http://www.namistarkcounty.org) or contact the office at 330 455-6264 or 121 Cleveland Ave., S.W., Canton, OH 44702

# ***You're Invited***

**NAMI Stark County Annual Celebration  
of Volunteerism, Wellness & Recovery  
Tuesday, March 24, 2020 5:30 p.m.**

**We invite you to nominate  
Professionals of the Year and Peers of the Year  
Attend an evening of celebration and recognition.**

**NAMI Stark County Volunteers  
NAMI Stark County Volunteers of the Year  
Professionals of the Year  
Peers of the Year  
NEW this year "Starfish Award"**

**Holy Trinity Lutheran Church  
2551 55<sup>th</sup> St., N.E., North Canton, OH 44720  
5:30 pm Food and Refreshments  
6:30 pm Volunteer, Professional and Peer Recognition**

**There is no charge for this event, but please call the  
NAMI Stark County Office to reserve  
your seats at 330-455-6264 by March 10, 2020**

**NAMI Stark County Annual Celebration  
of Volunteerism, Wellness & Recovery  
Tuesday, March 24, 2020 5:30 p.m.**

**Professionals of the Year Award**

This is an opportunity to express our gratitude for outstanding service in our community and say thank you for a job well done in service to our “Loved Ones”. We all know the road to recovery for our peers dealing with mental illness would not be possible without the help from each of our respective agencies.

Please consider nominating employees from your agency who you would like to recognize. Professionals in the mental health arena can include Certified Peer Supporters, Case Workers, Psychiatrists, Psychologists, Nurses, Counselors, Employment, Support Staff, etc. You can nominate as many people from your agency as you like, please fill out a nomination form for each nominee.

**Peers of the Year Awards**

NAMI Stark County would like to recognize those who have shown the most effort towards staying in the recovery stage of their illness. We are looking for attributes such as, but not limited to:

**Taking an active role in his or her recovery**

**Participation in treatment (medication, therapy, group therapy, etc.)**

**Keeping appointments**

**Maintaining sobriety (if this applies)**

**Going beyond the norm to help themselves and others**

**Volunteering time to help at an agency or helping others in their recovery**

**Returning to work and excelling at a job**

**NAMI Stark County encourages all area providers to participate. All professionals and peers nominated will be recognized. As part of the nomination process we encourage the person nominating and nominees to attend the event.**



**NAMI Stark County Annual Celebration  
of Volunteerism, Wellness & Recovery  
Tuesday, March 20, 2020 5:30 p.m.**

**PROFESSIONALS OF THE YEAR NOMINATION FORM**

May include psychiatrists, nurses, therapists, case managers, peer specialists, etc.

Using agency letterhead attached to this form, please briefly tell us:

1. Name and title of person nominating and contact information including name, work address & phone number
2. Nominee's Name and title (employee to be nominated)
3. Nominee contact information including name, work address & phone number

Reason for nominating this professional. We are looking for attributes such as, but not limited to:

Strong ability to build a therapeutic relationship

Client focused

Recovery oriented

Good listening and communication skills

Incorporates Motivational Interviewing

Trauma informed

Culturally competent

**INFORMATION RELEASE**

NAMI Stark County and the above named agency have my permission to release my name and information for the sole purpose of the Professional of the Year award.

If chosen, my photo and other information shared on the attached sheet(s) may also be shared with those attending the award ceremony and NAMI's newsletter and other media/publications.

Name (Nominee) (please print): \_\_\_\_\_

Nominee Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Person Nominating (please print): \_\_\_\_\_

Person Nominating Signature: \_\_\_\_\_ Date: \_\_\_\_\_

There is no limit to how many persons an agency can nominate. All Nominees will be recognized. Winners will receive a plaque and prize.

# PEERS OF THE YEAR NOMINATION FORM

Using agency letterhead attached to this form, please briefly tell us:

1. Name and title of person nominating and contact information including name, work address & phone number
2. Peer (Client) Name
3. Peer (Client) information including name, work address & phone number  
Description of how the nominee has taken an active role in his/her recovery. Examples include:  
Participation in treatment (medication, one-on one therapy, group therapy, etc.)  
Maintaining sobriety (if this applies)  
Maintaining stability  
Going beyond the norm to help themselves and others  
Volunteering time to help at an agency or helping others in their recovery  
Returning to work and excelling at a job  
Or other reasons for nominating

## INFORMATION RELEASE

NAMI Stark County and the above named agency have my permission to release my name and information for the sole purpose of the Professional of the Year award.

If chosen, my photo and other information shared on the attached sheet(s) may also be shared with those attending the award ceremony and NAMI's newsletter and other media/publications.

Name (Nominee) (please print): \_\_\_\_\_

Nominee Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Person Nominating (please print): \_\_\_\_\_

Person Nominating Signature: \_\_\_\_\_ Date: \_\_\_\_\_

There is no limit to how many persons an agency can nominate. All Nominees will be recognized. Winners will receive a plaque and prize.

# 2020 Education Schedule



## 2020 Schedule Education Schedule

Day of Week	Dates	City	Location	Class Time
<b>Basics</b>				
6-week course for parents of school- aged children affected by mental diagnosis such as autism, AD/HD, Depression, etc. It is taught by trained parents.				
Thursdays	Feb 6th - March 12th	North Canton	Holy Trinity	6:00 - 8:00 pm
Thursdays	April 21st - May 28th	Canton	Stark County ESC/Stark State	6:00 - 8:00 pm
Thursdays	September 3rd - October 8th	North Canton	Stark State Main	6:00 - 8:00 pm
<b>Family to Family</b>				
8-week course for family members and other support people affected by a loved one's mental health. It is taught by trained family members.				
Saturdays	January 25th - March 21st	North Canton	Stark State Main	9:00 - 11:30 am
Thursdays	April 16th - June 4th	Canton	Holy Trinity	6:00 - 8:30 pm
Tuesdays	June 9th - July 28th	Massillon	Jackson Mercy	6:00 - 8:30 pm
Thursdays	October 1st - November 19th	Canton	Holy Trinity	6:00 - 8:30 pm
<b>Peer to Peer</b>				
8-week course for individuals living with a mental health condition. It is taught by trained peers.				
Tuesdays	January 28th - March 17th	Canton	Total Living Center	2:00 - 4:00 pm
Tuesdays	March 17th - May 5th	North Canton	Stark State Main	6:00 - 8:00 pm
Mondays	April 6th - May 25th	Canton	Hunter House	12:00 - 2:00 pm
Wednesdays	May 6th - June 24th	Massillon	Jackson Mercy	6:00 - 8:00 pm
Thursdays	August 6th - September 24th	Canton	Holy Trinity	6:00 - 8:00 pm
Wednesdays	September October 14th - December 2nd	Massillon Canton	Massillon Connections Foundations	6:00 - 8:00 pm 6:00 - 8:00 pm
12/19/2019				



# NAMI Stark County

National Alliance on Mental Illness

## Building Hope for Recovery through Education, Support, and Advocacy

### SUPPORT GROUPS IN STARK COUNTY

When?	Where?	Who Is Invited?
3rd Wednesday 6:00 PM	North Canton - Holy Trinity Lutheran Church 2551 55th St NE; 44721 (at the traffic light on the corner of 55th & Middlebranch)	Family & Supports only
Every Thursday 2:00 PM	Coleman Behavioral Health 400 W Tuscarawas St; 44702 (Second Floor - Social Center Triangle Room)	Peers only
Every Friday 11:00 AM	Canton's Refuge of Hope Men's Shelter 405 3rd St NE; 44702 (one-on -one, before and after lunch)	Family, Supports, and Peers (can be men or women)
Every Friday 11:30 AM	Canton: Dual Recovery Anonymous (DRA) Hunter House @ 1114 Gonder Ave SE; 44707 (tell them you are attending DRA and they will buzz you through the doors)	Peers with a substance use disorder in addition to mental illness
Every Friday 7:00 PM - 8:30 PM	Peer-to-Peer Alumni Recovery Group Holy Trinity Lutheran Church @ 2551 55th St NE; 44721 (It is at the traffic light on the corner of 55th & Middlebranch)	Open to peers who have completed the NAMI Peer-to-Peer Course
Every Sunday 7:00 PM	St. Michael's Catholic Church 3430 St. Michael Dr.; Canton 44718 (corner of Fulton and Whipple) (Lower level parking lot & door)	Family, Supports, and Peers
Every Sunday 5:30 PM	Canton FaithNet* Wendy's @ 3217 Whipple Ave NW; 44718	Family, Supports, and Peers
* This group discusses mental health from a Biblical perspective; however, NAMI welcomes ALL religious groups		
GROUPS FOR SPECIFIC POPULATIONS:		
Groups are also offered for in-patient/peers at Heartland, families of in-patients/peers at Heartland, and one informational group at the Crisis Stabilization Unit. Call our office for details. 330-455-6264 <a href="http://www.namistarkcounty.org">www.namistarkcounty.org</a>		





**NAMI**

National Alliance on Mental Illness

# Stark County

**We wish you a Happy, Healthy and Prosperous New Year!!**

## Board of Directors

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[rholland@namistarkcounty.org](mailto:rholland@namistarkcounty.org)

NAMI Stark County Main Office:  
121 Cleveland Ave SW; Canton, OH 44702  
330-455-NAMI [6264]

NAMI Stark County @ Heartland Behavioral Healthcare:  
330 833-3135 ext. 2170

## Do you know who to call if a behavioral health crisis occurs?

9-1-1 and ask for a Crisis Intervention Team (C.I.T.) trained officer

Stark County Crisis Hotline: 330-452-6000 or National Suicide Hotline: 1-800-273-8255

National and Ohio Crisis Text Line: Text 4HOPE to 741741 [Veterans can also text to 838255]

Opiate Helpline: 330-454-HELP (4357)

Homeless Hotline: 330-452-4363

Domestic Violence Helpline: 330-453-SAFE (7233)

Trevor Lifeline for LGBTQ Youth: 1-866-488-7386

**Don't forget to ask about the Youth  
and Adult Mobile Response Units:**

**330-452-6000**



STARK COUNTY  
**Mental Health &  
Addiction Recovery**  
[StarkMHAR.org](http://StarkMHAR.org)

Thank you to Stark County Mental Health and Addiction  
Recovery (StarkMHAR) for assistance with this newsletter!