

The County's Voice on Mental Illness — Building hope for recovery through Education, Support, and Advocacy

Spring 2019

Annual Celebration of Volunteerism, Wellness and Recovery



Sarah Bell, Terry Davis, Jr., Annabelle Hass, Brandon Jeffers and Karen McCroskey were named Terry McKnight Peer and Family Volunteers of the Year. The award is named in memory of McKnight, a founding member of NAMI Stark County and a tire-less advocate for people with mental illness and their families.

Bell and Jeffers are trained Peer-to-Peer mentors. Haas and McCroskey are trained Family-to-Family teachers. Davis has been volunteering at the NAMI Stark County office for the past year.

All deal with mental illness for have loved ones who live with mental illness. The award is named in memory of McKnight, a founder of NAMI Stark County and a tire-less advocate for people with mental illness and their families.

Sabrina Biagetti, Lisa K Boyce, Ali Graham, Karen Greenawalt, Robin Holland, Don Lemme, Judy Miller, Remel Moore, Grady Provance, Gary Rivers, Emily Sitzman, Angela Smith, Aaron Wagster and Lindsay Wootton were named Rene Summerville Professionals of the Year

Lisa K Boyce Neuro - Behavioral Clinical Research Karen Greenawalt - Heartland Behavioral Healthcare Robin Holland - Hunter House Don Lemme - CommQuest Judy Miller - Gateway Remel Moore – Community Partner Grady Provance - Coleman Behavioral Health Gary Rivers - WHBC Emily Sitzman - Basic Accommodations Angela Smith - WrapAround Service Coordinator Aaron Wagster - ICAN Housing Lindsay Wootton - Child & Adolescent Behavioral Health

The professional of the year award is named for Summerville, a founding member of NAMI Stark County and Counselor at Crisis Intervention and Recovery Center. Summerville worked in service to those suffering with mental illness until her death in January 2015. Sarah Bell, Charles Benjamin, Kara Fallucco, Roxie Ann Grizzard, Wilbur "Dean" Jewell, Rhoda Nutter and Ashley Wood were honored as *Peers of the Year*.

> Sarah Bell Charles Benjamin Kara Fallucco Roxie Ann Grizzard Wilbur "Dean" Jewell Rhoda Nutter Ashley Wood

These individuals were nominated by area mental health agencies and professionals for their perseverance and success in managing their own illness and assisting others in doing the same. Peers have the unique position to help others by using their lived experience.



Upcoming Events.







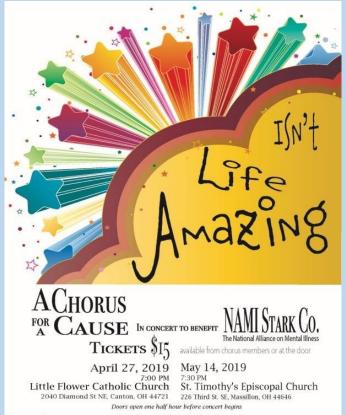
ALLIANCE: 320 WEST STATE ST. 330-823-7773 BELDEN VILLAGE: 4760 EVERHARD RD. NW 330-497-1100 CANTON: 2045 CLEVELAND AVE. NW 330-456-9000

PAPA GYROS PRESENTS papagyros.com FUNDR AISER DAY Tuesday, April 16









Concert sponsors | Aultcare | Bob & Kay Raga | Anonymous



DINING FOR A CAUSE

All you have to do is EAT ... at Taggarts on Tuesday, MAY 7 and you'll be supporting NAMI Stark County.



MAMI Stark County

Learn more about TAGGARTS: taggartsicecream.com Learn more about NAMI Stark County: namistarkcounty.org



	2019 NAMI Stark	County Edu	9 NAMI Stark County Education Schedule	
Day of Week	Dates	City	Location	Class Time
Family-to-Family	A 12-week course for family members and other support people affected by a loved one's mental illness. It is taught by trained family members.	embers and other s It is taught by tra	nbers and other support people affected by a lo It is taught by trained family members.	oved one's mental illness.
Saturday	January 26th - April 13th	North Canton	Stark State	9:00 am - 11:30 am
Thursdays	March 21 - May 30	Canton	Holy Trinity	6:00 pm - 8:30 pm
Tuesday	June 11th - October 12th	Massillon	Mercy Health Center Jackson	6:00 pm - 8:30 pm
Tuesday	September 3rd - October 12th	Canton	Holy Trinity	6:00 pm - 8:30 pm
Basics	A 6-week course for parents autism, AD/HD, ODD,	s of school-aged chi conduct disorder, a	A 6-week course for parents of school-aged children affected by a mental health diagnosis such as autism, AD/HD, ODD, conduct disorder, depression, etc. It is taught by trained parents.	alth diagnosis such as r trained parents.
Thursdavs	January 31st - March 7th	Canton	Holv Trinity	6:00 pm - 8:00 pm
1			Stark College & Career High	
Tuesdays	February 12 - March 19	Canton	School	6:00 pm - 8:00 pm
Thursdave	April 18th - May 23rd	Alliance	Stable Solutions	6:00 pm - 8:00 pm
c/ppc mili	(for this class, your child age 8-18,	can take part in equ	can take part in equine (horse) therapy while the parent(s) are taking the class)	parent(s) are taking the class)
Tuesday	September 3rd - October 8th	North Canton	Stark State College	6:00 pm - 8:00 pm
Peer to Peer	An 8-week course for individuals living with a mental health diagnosis. It is taught by trained peers	ng with a mental h	ealth diagnosis. It is taught by	r trained peers
Tuesdays	January 29 - March 19	Canton	Gateway I	Noon - 2:00
Tuesdays	February 19 - April 9	Canton	Hunter House	Noon - 2:00 pm
Mondays	March 18 - May 6th	North Canton	Stark State - Main Campus	6:00 - 8:00 PM
Saturdays	April 27 - June 15	Massillon	Heartland for the public	2:00 pm - 4:00 pm
Thursdavs	Mav 2 - June 20	Jackson Township Center	Jackson Mercy Medical Center	6:00 pm - 8:00 pm
Tuesdays	May 7 - June 25	Canton	Gateway II	Noon - 2:00
			Stark State - Alliance Branch -	
TBD	TBD	Alliance	tentative	nights
Thursdays	August 1 - September 19	Canton	Holy Trinity Lutheran Church	6:00 pm - 8:00 pm
Tuesdays	October 1 - November 12	Canton	Gateway I	Noon - 2:00
Thursdays	October 17 - December 5 - tentative	Canton	Foundations	6:00 pm - 8:00 pm
	A 6-week course for combat veterans and their loved ones affected by mental illness. It is taught by trained veterans	s and their loved on	es affected by mental illness. It	is taught by trained veterans
Hometront	and/or Jamily members (De	of veterans. This cou	nd/or family members of veterans. This course can now be taken online at your convenience. Diseases as unum nami are and sourch "Longernat"	' your convenience.
		ase see www.nann.o	רובטאב אבי איזאיוומווויסוס מוומ אבמוכנו - חסווובלו סוור	

2019 Education Schedule

	ocacy		Who Is Invited?	Family & Supports only		Peers only		Family, Supports, and Peers			Family, Supports, and Peers	(can be men or women)	Peers with a substance use	disorder in addition to	mental illness	Open to peers who have	completed the NAMI	Peer-to-Peer Course	Family, Supports, and Peers			Family, Supports, and Peers		eligious groups		formational group at the Crisis		5		DUNPATION	
Connect Interest County	Education, Support, and Adv	GROUPS IN STARK COUNTY	e?	nity Lutheran Church	on the corner of 55th & Middlebranch)	vioral Health	loor - Social Center Triangle Room)	Hill Community Church*	irst Immanuel United Church of Christ	. Oxford St; Alliance, OH 44601	ope Men's Shelter	one, before and after lunch)	r Anonymous (DRA)	onder Ave SE; 44707	ney will buzz you through the doors)	i Recovery Group	@ 2551 55th St NE; 44721	rner of 55th & Middlebranch)	holic Church	Dr.; Canton 44718 (corner of Fulton and Whipple)	ing lot & door)	ithNet*	ple Ave NW; 44718	pective; however, NAMI welcomes ALL r	IC POPULATIONS:	patients/peers at Heartland, and one in	Call our office for details.			ш. 	
National Alliance on Mental Illness	Building Hope for Recovery through Education, Support, and Advocacy	SUPPORT GROUPS	Where?	North Canton - Holy Trinity Lutheran Church	2551 55th St NE; 44721 (at the traffic light on the corner of 55th & Middlebranch)	Coleman Behavioral Health	400 W Tuscarawas St; 44702 (Second Floor - Social Center Triangle Room)	Alliance - Curently Science Hill Community Church*	* on 2-7-2019, the venue will change to First Immanuel United Church of Christ	The new church is located at 208 E. Oxford St; Alliance, OH 44601 The new church is located at 208 E. Oxford St; Alliance, OH 44601	Canton's Refuge of Hope Men's Shelter	405 3rd St NE; 44702 (one-on -one, before and after lunch)	Canton: Dual Recovery Anonymous (DRA)	Hunter House @ 1114 Gonder Ave SE; 44707	(tell them you are attending DRA and they will buzz you through the doors)	Peer-to-Peer Alumni Recovery Group	Holy Trinity Lutheran Church @ 2551 55th St NE; 44721	(It is at the traffic light on the corner of 55th & Middlebranch)	St. Michael's Catholic Church	3430 St. Michael Dr.; Canton 44718	(Lower level parking lot & door)	Canton FaithNet*	Wendy's @ 3217 Whipple Ave NW; 44718	* This group discusses mental health from a Biblical perspective; however, NAMI welcomes ALL religious groups	GROUPS FOR SPECIFIC POPULATIONS:	Groups are also offered for in-patient/peers at Heartland, families of in-patients/peers at Heartland, and one informational group at the Crisis	Stabilization Unit.	ealth &	Addiction Recovery		
	Build		When?	1st and 3rd Wednesdays	6:00 PM	Every Thursday	2:00 PM	1st and 3rd Thursdays	7:00 PM		Every Friday	11:00 AM	Every Friday	11:30 AM		Every Friday	7:00 PM - 8:30 PM		Every Sunday	7:00 PM		Every Sunday	5:30 PM	* This group (Groups are also offered for i	CTABL COLLINES	Mental Health &	Addictio	StarkMHAR.org	

MIKE DEWINE'S "RECOVERY OHIO" PLAN

1: Pass legislation to give the Governor the ability to declare a public health emergency.

2: Create a 21st century law enforcement data sharing and analytics infrastructure for every Ohio law enforcement agency.

3: Expand proven drug task force models to tackle flow of money and drugs from Mexican drug cartels.

4: Create at least 60 more specialized drug courts.

5: Double the substance use treatment capacity in Ohio.

6: Expand workforce of critical specialists.

7: Empower employers to help employees with substance use disorder.

8: Help business owners hire employees in recovery by offering employers incentives and reducing risks.

9: Create a special position reporting directly to the Governor with Cabinet-level authority.

10: Implement proven Kindergarten-12th grade drug prevention education in all Ohio schools.

11: Roll out a statewide drug prevention media campaign.

12: Expanded early intervention programs that target Ohio families and children in foster care.

https://www.mikedewine.com/mike-dewines-recovery -ohio-plan/

Mental Health First Aid

Adult

August 28/29, 2019

Youth

April 16/17, 2019

To register:

https://starkmhar.org/trainings-and-events/mental -health-first-aid/

Find resources for youth and families across all areas of helpful services in Stark!

https://www.starkhelpcentral.com/



ecent Service Transitions

As previously announced, Crisis Intervention and Recovery Center (CIRC), a former provider in StarkMHAR's care network, no longer provides behavioral health services as of August 1, 2018. <u>However, no service has been discontinued</u>. All services previously provided by CIRC are now being carried out by other partnering agencies (see below). News releases and newsletter articles with more information can be found in the "News" section at StarkMHAR org



Kick-off Luncheon Friday August 16, 2019

Walk Sunday October 6, 2019

Board of Directors

President: Bart Fredrick

First Vice President: Missy Reed

Second Vice President: Michelle Dellick-Lowers

> <u>Secretary:</u> Elisa Hershey

> > Treasurer: RJ Fryan

Sean Godar Zach Hostetler Dr. Malholtra William Regula Dale Rush Major C.J. Stantz Tom Stone

<u>Staff</u>

Kay Raga: Executive Director kraga@namistarkcounty.org

Sheryl Falcone: Program Coordinator sfalcone@namistarkcounty.org Diane Mang: Outreach Coordinator dmang@namistarkcounty.org

Jewell Oppermann: Outreach Liaison joppermann@namistarkcounty.org Kory Miles: Outreach Liaison kmiles@namistarkcounty.org

NAMI Stark County Main Office: 121 Cleveland Ave SW; Canton, OH 44702 330-455-NAMI [6264] NAMI Stark County @ Heartland Behavioral Healthcare: 330 833-3135 ext. 2170

Do you know who to call if a behavioral health crisis occurs?

9-1-1 and ask for a Crisis Intervention Team (C.I.T.) trained officer

Stark County Crisis Hotline: 330-452-6000 or National Suicide Hotline: 1-800-273-8255

National and Ohio Crisis Text Line: Text 4HOPE to 741741 [Veterans can also text to 838255]

Opiate Helpline: 330-454-HELP (4357)

Homeless Hotline: 330-452-4363

Domestic Violence Helpline: 330-453-SAFE (7233)

Trevor Lifeline for LGBTQ Youth: 1-866-488-7386

Don't forget to ask about the Youth and Adult Mobile Response Units:

330-452-6000

STARK COUNTY Mental Health & Addiction Recovery StarkMHAR.org

Thank you to Stark County Mental Health and Addiction Recovery (StarkMHAR) for assistance with this newsletter!