



The County's Voice on Mental Illness — Building hope for recovery through Education, Support, and Advocacy

Winter 2019

**NAMI Stark County Annual Celebration
of Volunteerism, Wellness & Recovery
Tuesday, March 19, 2019 5:30 p.m.**

We invite you to nominate

Professionals of the Year and Peers of the Year

Attend an evening of celebration and recognition.

NAMI Stark County Volunteers

NAMI Stark County Volunteers of the Year

Professionals of the Year

Peers of the Year

Holy Trinity Lutheran Church

2551 55th St., N.E., North Canton, OH 44720

5:30 pm Food and Refreshments

6:30 pm Volunteer, Professional and Peer Recognition

There is no charge for this event, but please call the

NAMI Stark County Office to reserve

your seats at 330-455-6264 by March 8, 2019.

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Professionals of the Year Award

This is an opportunity to express our gratitude for outstanding service in our community and say thank you for a job well done in service to our “Loved Ones”. We all know the road to recovery for our peers dealing with mental illness would not be possible without the help from each of our respective agencies.

Please consider nominating employees from your agency who you would like to recognize. Professionals in the mental health arena can include Certified Peer Supporters, Case Workers, Psychiatrists, Psychologists, Nurses, Counselors, Employment, Support Staff, etc. You can nominate as many people from your agency as you like, please fill out a nomination form for each nominee.

Peers of the Year Awards

NAMI Stark County would like to recognize those who have shown the most effort towards staying in the recovery stage of their illness. We are looking for attributes such as, but not limited to:

Taking an active role in his or her recovery

Participation in treatment (medication, therapy, group therapy, etc.)

Keeping appointments

Maintaining sobriety (if this applies)

Going beyond the norm to help themselves and others

Volunteering time to help at an agency or helping others in their recovery

Returning to work and excelling at a job

NAMI Stark County encourages all area providers to participate. All professionals and peers nominated will be recognized. As part of the nomination process we encourage the person nominating and nominees to attend the event.



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PROFESSIONALS OF THE YEAR NOMINATION FORM

May include psychiatrists, nurses, therapists, case managers, peer specialists, etc.

Using agency letterhead attached to this form, please briefly tell us:

1. Name and title of person nominating and contact information including name, work address & phone number
2. Nominee's Name and title (employee to be nominated)
3. Nominee contact information including name, work address & phone number
Reason for nominating this professional. We are looking for attributes such as, but not limited to:
Strong ability to build a therapeutic relationship
Client focused
Recovery oriented
Good listening and communication skills
Incorporates Motivational Interviewing
Trauma informed
Culturally competent

INFORMATION RELEASE

NAMI Stark County and the above named agency have my permission to release my name and information for the sole purpose of the Professional of the Year award.

If chosen, my photo and other information shared on the attached sheet(s) may also be shared with those attending the award ceremony and NAMI's newsletter and other media/publications.

Name (Nominee) (please print): _____

Nominee Signature: _____ Date: _____

Person Nominating (please print): _____

Person Nominating Signature: _____ Date: _____

There is no limit to how many persons an agency can nominate. All Nominees will be recognized. Winners will receive a plaque and prize.

PEERS OF THE YEAR NOMINATION FORM

Using agency letterhead attached to this form, please briefly tell us:

1. Name and title of person nominating and contact information including name, work address & phone number
2. Peer (Client) Name
3. Peer (Client) information including name, work address & phone number
Description of how the nominee has taken an active role in his/her recovery. Examples include:
Participation in treatment (medication, one-on one therapy, group therapy, etc.)
Maintaining sobriety (if this applies)
Maintaining stability
Going beyond the norm to help themselves and others
Volunteering time to help at an agency or helping others in their recovery
Returning to work and excelling at a job
Or other reasons for nominating

INFORMATION RELEASE

NAMI Stark County and the above named agency have my permission to release my name and information for the sole purpose of the Professional of the Year award.

If chosen, my photo and other information shared on the attached sheet(s) may also be shared with those attending the award ceremony and NAMI's newsletter and other media/publications.

Name (Nominee) (please print): _____

Nominee Signature: _____ Date: _____

Person Nominating (please print): _____

Person Nominating Signature: _____ Date: _____

There is no limit to how many persons an agency can nominate. All Nominees will be recognized. Winners will receive a plaque and prize.

2019 Education Schedule



2019 NAMI Stark County Education Schedule

Day of Week	Dates	City	Location	Class Time
Family-to-Family <i>A 12-week course for family members and other support people affected by a loved one's mental illness. It is taught by trained family members.</i>				
Saturday	January 26th - April 13th	North Canton	Stark State	9:00 am - 11:30 am
Thursdays	March 21 - May 30	Canton	Holy Trinity	6:00 pm - 8:30 pm
Tuesday	September 11th - October 12th	Massillon	Mercy Health Center Jackson	6:00 pm - 8:30 pm
Tuesday	September 3rd - October 12th	Canton	Holy Trinity	6:00 pm - 8:30 pm
Basics <i>A 6-week course for parents of school-aged children affected by a mental health diagnosis such as autism, AD/HD, ODD, conduct disorder, depression, etc. It is taught by trained parents.</i>				
Thursdays	January 31st - March 7th	Canton	Holy Trinity	6:00 pm - 8:00 pm
Monday	February 11 - March 18	Canton	Stark College & Career High School	6:00 pm - 8:00 pm
Thursdays	April 18th - May 23rd	Alliance	Stable Solutions	6:00 pm - 8:00 pm
(for this class, your child age 8-18, can take part in equine (horse) therapy while the parent(s) are taking the class)				
Tuesday	September 3rd - October 8th	North Canton	Stark State College	6:00 pm - 8:00 pm
Peer to Peer <i>An 8-week course for individuals living with a mental health diagnosis. It is taught by trained peers</i>				
Tuesdays	January 29 - March 19	Canton	Gateway I	Noon - 2:00
Tuesdays	February 19 - April 9	Canton	Hunter House	Noon - 2:00 pm
Mondays	March 18 - May 6th	North Canton	Stark State - Main Campus	6:00 - 8:00 PM
Saturdays	April 27 - June 15	Massillon	Heartland for the public	2:00 pm - 4:00 pm
Thursdays	May 2 - June 20	Jackson Township	Jackson Mercy Medical Center	6:00 pm - 8:00 pm
Tuesdays	May 7 - June 25	Canton	Gateway II	Noon - 2:00
TBD	TBD	Alliance	Stark State - Alliance Branch - tentative	nights
Thursdays	August 1 - September 19	Canton	Holy Trinity Lutheran Church	6:00 pm - 8:00 pm
Tuesdays	October 1 - November 12	Canton	Gateway I	Noon - 2:00
Thursdays	October 17 - December 5 - tentative	Canton	Foundations	6:00 pm - 8:00 pm

Homefront *A 6-week course for combat veterans and their loved ones affected by mental illness. It is taught by trained veterans and/or family members of veterans. This course can now be taken online at your convenience. Please see www.nami.org and search "Homefront"*



Stark County

Building Hope for Recovery through Education, Support, and Advocacy

SUPPORT GROUPS IN STARK COUNTY

When?

Where?

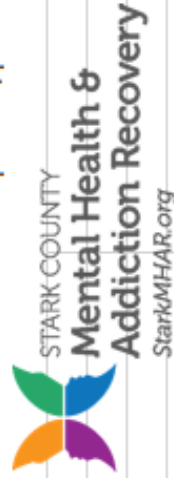
Who Is Invited?

1st and 3rd Wednesdays 6:00 PM	North Canton - Holy Trinity Lutheran Church 2551 55th St NE; 44721 (at the traffic light on the corner of 55th & Middlebranch)	Family & Supports only
Every Thursday 2:00 PM	Coleman Behavioral Health 400 W Tuscarawas St; 44702 (Second Floor - Social Center Triangle Room)	Peers only
1st and 3rd Thursdays 7:00 PM	Alliance - Curently Science Hill Community Church* * on 2-7-2019, the venue will change to First Immanuel United Church of Christ The new church is located at 208 E. Oxford St; Alliance, OH 44601	Family, Supports, and Peers
Every Friday 11:00 AM	Canton's Refuge of Hope Men's Shelter 405 3rd St NE; 44702 (one-on -one, before and after lunch)	Family, Supports, and Peers (can be men or women)
Every Friday 11:30 AM	Canton: Dual Recovery Anonymous (DRA) Hunter House @ 1114 Gonder Ave SE; 44707 (tell them you are attending DRA and they will buzz you through the doors)	Peers with a substance use disorder in addition to mental illness
Every Friday 7:00 PM - 8:30 PM	Peer-to-Peer Alumni Recovery Group Holy Trinity Lutheran Church @ 2551 55th St NE; 44721 (It is at the traffic light on the corner of 55th & Middlebranch)	Open to peers who have completed the NAMI Peer-to-Peer Course
Every Sunday 7:00 PM	St. Michael's Catholic Church 3430 St. Michael Dr.; Canton 44718 (corner of Fulton and Whipple) (Lower level parking lot & door)	Family, Supports, and Peers
Every Sunday 5:30 PM	Canton FaithNet* Wendy's @ 3217 Whipple Ave NW; 44718	Family, Supports, and Peers

* This group discusses mental health from a Biblical perspective; however, NAMI welcomes ALL religious groups

GROUPS FOR SPECIFIC POPULATIONS:

Groups are also offered for in-patient/peers at Heartland, families of in-patients/peers at Heartland, and one informational group at the Crisis Stabilization Unit. Call our office for details.



Governor Mike DeWine, announced that Lori Criss will be the new Director of the Ohio Department of Mental Health & Addiction Services. And Maureen Corcoran Director of the Department Medicaid

Lori Criss has over 20 years of operations and leadership experience with addiction and trauma treatment. She has extensive experience in policy related to recovery housing, opiate addiction, and integrated physical and behavioral healthcare.

Maureen Corcoran is the President and founder of Vorys Health Care Advisors where she has worked on a variety of health care policy issues and with a number of provider groups. Prior to this, she gained extensive experience in public service as the Assistant Deputy and Acting Deputy for Medicaid at the Ohio Department of Jobs and Family Services. She also served as a Human Services Policy Advisor to Ohio Governor Richard Celeste and as the Chief of the Office of Healthcare Cost Containment policy for the Ohio Department of Health.

Namiohio.org

Mental Health First Aid

Facilitated by Missy Reed
and Terri Turner

Adult

March 13/14, 2019

August 28/29, 2019

Youth

March 26/27, 2019

April 16/17, 2019

To register:

[https://starkmhar.org/trainings-and-events/
mental-health-first-aid/](https://starkmhar.org/trainings-and-events/mental-health-first-aid/)

Find resources for youth and families across all areas of helpful services in Stark!

<https://www.starkhelpcentral.com/>



Recent Service Transitions

As previously announced, Crisis Intervention and Recovery Center (CIRC), a former provider in StarkMHAR's care network, no longer provides behavioral health services as of August 1, 2018. However, no service has been discontinued. All services previously provided by CIRC are now being carried out by other partnering agencies (see below).

News releases and newsletter articles with more information can be found in the "News" section at StarkMHAR.org

Adult & Youth Mobile Response

Crisis & Opiate Hotlines

Crisis Stabilization Unit

Hunter House



Detox Services

23-Hour Observation Beds

Quick Response Teams



Multisystemic Therapy





Volunteer Event Tuesday March 19, 2019

Kick-off Luncheon Friday August 16, 2019

Walk Sunday October 6, 2019

Board of Directors

President:
Bart Fredrick

First Vice President:
Missy Reed

Second Vice President:
Michelle Dellick-Lowers

Secretary:
Elisa Hershey

Treasurer:
RJ Fryan

Sean Godar
Zach Hostetler
Dr. Malholtra
Brittany Reed
William Regula
Dale Rush
Major C.J. Stantz
Tom Stone

Staff

Kay Raga: Executive Director
kraga@namistarkcounty.org

Sheryl Falcone: Program Coordinator
sfalcone@namistarkcounty.org

Diane Mang: Outreach Coordinator
dmang@namistarkcounty.org

Jewell Oppermann: Outreach Liaison
joppermann@namistarkcounty.org

Kory Miles: Outreach Liaison
kmiles@namistarkcounty.org

NAMI Stark County Main Office:
121 Cleveland Ave SW; Canton, OH 44702
330-455-NAMI [6264]

NAMI Stark County @ Heartland Behavioral Healthcare:
330 833-3135 ext. 2170

Do you know who to call if a behavioral health crisis occurs?

9-1-1 and ask for a Crisis Intervention Team (C.I.T.) trained officer

Stark County Crisis Hotline: 330-452-6000 or National Suicide Hotline: 1-800-273-8255

National and Ohio Crisis Text Line: Text 4HOPE to 741741 [Veterans can also text to 838255]

Opiate Helpline: 330-454-HELP (4357)

Homeless Hotline: 330-452-4363

Domestic Violence Helpline: 330-453-SAFE (7233)

Trevor Lifeline for LGBTQ Youth: 1-866-488-7386

**Don't forget to ask about the Youth
and Adult Mobile Response Units:**

330-452-6000



Thank you to Stark County Mental Health and Addiction
Recovery (StarkMHAR) for assistance with this newsletter!