

**Annual Celebration of Volunteerism, Wellness & Recovery
Tuesday March 10th 5:30pm Holy Trinity Lutheran Church**



Join the celebration to recognize Professional of the Year, Peers of the Year, Peer Volunteer of the Year and Family Volunteer of the Year

**No charge for this event, but please call the
NAMI Stark County office to reserve your seats at 330-455-6264**

INSIDE THIS ISSUE

- 1** News from NAMI Stark County
- 2-7** News from the World
- 7-8** Support Groups – Education Programs



Like us on Facebook



Ohio Department of Mental Health and Addiction Services

Role and Overview

The Ohio Department of Mental Health and Addiction Services (OhioMHAS) was established on July 1, 2013, with the consolidation of the former Ohio Departments of Alcohol and Drug Addiction Services (ODADAS) and Mental Health (ODMH). The transition to a single agency has resulted in greater value to taxpayers through \$1.5 million in administrative savings and more coordinated services to Ohioans with behavioral health needs. The mission of OhioMHAS is to provide statewide leadership of a high-quality mental health and addiction prevention, treatment, and recovery system that is effective and valued by all Ohioans. OhioMHAS is a cabinet state agency which operates six regional psychiatric hospitals, consisting of over 1,100 staffed beds and an admission rate of over 7,000 patients each year. The Community Behavioral Health System consists of 53 Alcohol, Drug Addiction, and Mental Health Boards and approximately 600 provider agencies providing prevention and treatment services for mental health, drug and other addiction services. The number of full-time permanent employees is 2,653.

Agency Priorities

~Preserve regional psychiatric hospital system as required under statute and as directed by the courts for the forensic/ criminal population and to assure core inpatient psychiatric services for all citizens of the state of Ohio.

~Promote a collaborative, resiliency- and recovery-oriented culture in the delivery of mental health and addiction services. • Utilize regional approaches and resource sharing to address gaps in care identified in consultation with boards of mental health and addiction services.

~Avert crisis situations by investing in "safe places" where people can get the care they need before harming themselves or others.

~Work to eliminate behavioral health disparities through promotion of a culturally competent behavioral health system and workforce.

More information regarding the Ohio Department of Mental Health and Addiction Services is available at <http://mha.ohio.gov/>

Office of Health Transformation Rebuild Community Behavioral Health System Capacity

Governor Kasich's Budget:

- *Improves care coordination through managed behavioral health care.*
- *Adds services to the Medicaid behavioral health services benefit package.*
- *Strengthens housing and other community supports for people most in need.*

Background:

When Governor Kasich took office, Ohio's publicly funded system of mental health and addiction services was in turmoil. Over the previous four years, state funding for mental health was reduced nearly 20 percent (\$112.4 million). Even before these cuts, the resources for people with severe mental illness transferred from state hospitals to communities in the 1990s had eroded over time. Limited state and local funding for mental health and addiction services became primarily used for Medicaid matching purposes. Significant cuts in state support for mental health and addiction services paired with increased demand for local match for Medicaid services in a period of economic recession significantly limited access to individuals in need of treatment, particularly for those most in need: adults with severe and persistent mental illness, seriously emotionally disturbed children and youth and persons with substance use disorders. The state cuts, combined with Medicaid match dislocation, forced a reduction in non-Medicaid supports, including housing and employment supports. The system was in crisis.

First Four Years:

Governor Kasich's first budget (enacted in 2011) increased state funding for mental health and addiction services, reversing the previous downward trend. It also freed local mental health and addiction treatment systems from Medicaid match responsibilities, initiated changes to increase access to medication assisted treatment for opiate addicted Ohioans, created Medicaid health home pilots for people with severe and persistent mental illness, and provided targeted investments to restore community behavioral health capacity. The Governor's Jobs Budget 2.0 (enacted in 2013) continued these reforms, providing one-time funds to address community

Continued on page 3

priorities, launching a project to help nursing home residents with mental illness who wanted to move back into the community, and funding more safe and affordable housing.

The biggest step forward, however, occurred in October 2013 when the Ohio General Assembly's Controlling Board approved funding to extend Medicaid coverage to more low-income Ohioans who previously had no source of coverage and, if they had behavioral health needs, likely were relying on county-funded services. The combination of elevating match responsibility for clinical services to the state and then extending those services to more people represented a paradigm shift for Ohio's behavioral health system. The influx of resources into the system presents a once-in-a-generation opportunity to facilitate Medicaid and non-Medicaid services working together to meet the needs of adults with severe mental illness, severely emotionally disturbed children and youth, and people with substance use disorders.

Executive Budget Proposal and Impact:

The Executive Budget continues the effort to rebuild community behavioral health system capacity. It modernizes the Medicaid behavioral health benefit and establishes a clear path to achieve better coordination and integration of physical health and behavioral health care services. It also invests in prevention services and non-Medicaid supports that help a person sustain their recovery, such as housing, employment and peer services, and creates an opportunity to partner with local systems on these unmet needs. Most importantly, it sets priorities for both programs in combination, and focuses resources where the need is greatest.

Modernize the Medicaid Behavioral Health Benefit

The Medicaid behavioral health population in Ohio represents 27 percent of Medicaid members but accounts for almost half (47 behavioral health system often receive care in nursing homes,

prisons and psychiatric inpatient hospitals. By making some key program reforms to the Medicaid program, and focusing where the need is greatest, Ohio can better serve individuals with high-end mental health and addiction needs while also bending the cost curve in the long run for these same individuals.

The Executive Budget makes a significant investment through Medicaid to provide a more comprehensive behavioral health service package and improve care coordination. It invests an additional \$34.4 million (\$12.9 million state share) in 2016 and \$112.4 million (\$42.3 million state share) over the next two years:

Redefines Medicaid Behavioral Health Services and Establish Additional Services.

Beginning in FY 2016, current behavioral health services will be redefined to update coding and definitions to align with national standards and support integration, including the identification and discrete pricing of specific service activities. An urgent need exists to redefine and code mental health Pharmacological Management and alcohol and other drug Medical/Somatic so community mental health and addiction providers can better integrate with the rest of the health care world. Ohio Medicaid and MHAS will redefine codes to align with national standards effective July 1, 2015. The remaining behavioral health services will be redefined beginning in January 2016 when new services are introduced. The overall redesign will be budget neutral and focused on aligning services according to a person's acuity level and need. The specific components of community psychiatric supportive treatment, case management, and health home Rebalance Long Term Services and Supports 4 services will be disaggregated, defined and priced accordingly in order to give providers greater flexibility to meet a person's



MENTAL HEALTH
AND RECOVERY
SERVICES BOARD
of Stark County

ENRICHING LIVES THROUGH WELLNESS AND RECOVERY

Thank you to the Mental Health & Recovery Services Board for assisting with this newsletter.

If you need assistance for mental health emergency call 911 and request a CIT Officer

CALENDAR OF EVENTS

VOLUNTEER/EDUCATION OPPORTUNITIES

Continued from page 3

HEARTLAND BEHAVIORAL HEALTHCARE – DISCHARGE BAGS

DATES: MARCH 20, JUNE 19, SEPTEMBER 18 AND
DECEMBER 18, 2015

LOCATION: HEARTLAND BEHAVIORAL HEALTHCARE

HEARTLAND COLLABORATIVE PARTNERSHIP MEETING

DATE: MARCH 3, 2015

TIME: 10:0 A.M. - 12:00 P.M.

LOCATION: HEARTLAND BEHAVIORAL HEALTHCARE

CIT TRAINING

DATE: MARCH 9 - 13, 2015

MENTAL HEALTH AND RECOVERY SERVICES BOARD STARK COUNTY ANNUAL CONFERENCE 2015

DATE: MARCH 12 - 13, 2015

LOCATION: CANTON, OH

REGISTRATION REQUIRED: WWW.STARKMHR SB.ORG

STATE SUPPORT TEAM 9 EMPLOYMENT FIRST HIGH EXPECTATIONS, EMPLOYMENT AND STUDENT SUCCESS

DATE: MARCH 19, 2015

TIME: 6:00 P.M. - 8:00 P.M.

LOCATION: R.G. DRAGE

REGISTRATION REQUIRED: 330-493-6082 EXT 1314

MENTAL HEALTH AND RECOVERY SERVICES BOARD STARK COUNTY MENTAL HEALTH FIRST AID

DATES: APRIL 8 - 9, 2015, JUNE 24 - 25,
SEPTEMBER 23 - 24, 2015

LOCATION: CANTON, OH

REGISTRATION REQUIRED: WWW.STARKMHR SB.ORG

SUICIDE PREVENTION COALITION ANNUAL CONFERENCE "SAVING LIVES: A MESSAGE OF HOPE"

DATES: APRIL 23 & 24, 2015

Mental Health and Recovery Services Board Stark County Marijuana Summit

Dates: May 19, 2015

LOCATION: CANTON, OH

REGISTRATION REQUIRED: WWW.STARKMHR SB.ORG

clinical need. Lower acuity service coordination and support services will be defined for people with less intensive service needs. New services will be developed for people with high intensity service need, including Assertive Community Treatment (ACT), Intensive Home Based Treatment (IHBT), high fidelity wraparound, peer services, supportive employment, and Substance Use Disorder (SUD) residential services. Some of these services for adults with severe and persistent mental illness will be covered under a 1915i Medicaid waiver, described below.

Creates a special benefit program for adults with severe mental illness. As a result of the new single disability determination process proposed in the Executive Budget (see Simplify Eligibility Determination), the majority of people whose income will be above the Medicaid need standard adopted under the new system are adults with severe and persistent mental illness (SPMI). These Ohioans will have access to basic health care services through Medicare or private insurance. However, neither Medicare nor private insurance pay for a range of service coordination and community support activities currently covered in the Medicaid program. In order to ensure continued access to these services, Ohio Medicaid will seek a state plan amendment under section 1915(i) of the Social Security Act to provide for eligibility for adults with SPMI with income up to 225 percent of poverty (300 percent of the Federal Benefit Rate) who are not eligible under another Medicaid category and who meet diagnostic and needs assessment criteria established by the state. Ohio will also identify home and community based services needed by this population to be covered as services under the 1915(i) authority. MHAS will contract with a vendor pursuant to requirements established by Ohio Medicaid to validate the diagnostic and needs assessments conducted by qualified behavioral health providers. These assessments will be used to authorize eligibility and services under 1915(i). This provision costs \$34.4 million (\$12.9 million state share) in 2016 and \$43.5 million (\$16.4 million state share) in 2017

Implements a Standardized Assessment Tool to Prioritize Need. Access to high-severity services such as ACT, IHBT, high-fidelity wraparound and SUD residential, peer services, and supported employment will be assured through implementation of standardized assessment tools. These tools will be

Continued on page 5

**VOLUNTEER OPPORTUNITY
TO HELP SUPPORT
NAMI STARK COUNTY**

When opportunity knocks, you open the door. When an opportunity arrives to positively showcase mental illness and earn money at the same time, that is what is called a win, win scenario. As the head usher at the Canton Memorial Civic Center I have the opportunity to offer NAMI Stark County the wonderful chance to earn money for NAMI Stark County by ushering for all major events at the Civic Center, during the 2014/2015 season.

I promise you fun times, great shows and an opportunity to talk about NAMI Stark County. What I need from you is a commitment to volunteer. To volunteer, please email me at ncoastnewf@aol.com or call me at 330-806-8575. I look forward to working with all of you,
Shirley Cavender

Check out the new 2015 Events.....

Civic Center Schedule

Date	Time	Event
March 7, 2015	4:30	Mixed Martial Arts
March 14, 2015	5:30	Charge
March 17, 2015	5:30	Charge
March 20, 2015	5:30	Charge
March 21, 2015	5:30	Charge
March 27, 2015	**	Tadmor Shrine Circus
March 28, 2015	**	Tadmor Shrine Circus
March 29, 2015	**	Tadmor Shrine Circus
April 1, 2015	5:30	Charge
April 3, 2015	5:30	Charge

****2 or 3 Shows each day**

**Heartland Behavioral Healthcare
Patient Discharge Bags**

March 20, June 19, September 18

& December 18, 2015

9:00 am pickup items Dollar General

Market Ave Canton

10:00 am assemble bags at

Heartland Behavioral Healthcare Massillon

**Call 330-455-6264 if you would
like to volunteer!**

Continued from page

integrated in qualified provider organizations and performed in conjunction with the clinical assessment performed by qualified staff within the provider organizations. The standardized assessment will be independently validated by MHAS or an MHAS vendor authorized by Ohio Medicaid. The independent validation will be required for service authorization. The tools will include an assessment of housing needs and employment related supports not covered by Medicaid.

Facilitates access to non-Medicaid housing supports for people most in need. People with severe mental illness and substance use disorders frequently experience longer than necessary stays in institutional settings such as hospitals and nursing facilities because of a lack of supportive housing options. An array of housing options is needed for this population, including permanent supportive housing, rental assistance for independent living, licensed group homes, transitional housing, crisis housing, and recovery housing. The housing needs of people with severe mental illness and addiction disorders identified through the assessment tools described above will assist MHAS and county boards to plan and allocate available resources to meet these needs.

Improves Care Coordination and Outcomes through Managed Behavioral Healthcare. In order to improve care coordination and behavioral health and overall health outcomes for people with mental health and addiction service needs, Ohio Medicaid and MHAS will restructure all Medicaid-reimbursed behavioral health services under some form of managed care. Providers in the new network will include community behavioral health organizations, inpatient hospitals, clinics, and specialty practitioners. Ohio Medicaid and MHAS will use one year of fee-for-service experience for the services redefined above and the data from identifying the high risk/high severity population in the planning and rate setting for organizing these services under

Continued on page 6

Board of Directors

President:

Jen Powell Campbell

First Vice President:

Shannon Ortiz

Second Vice President:

Bart Fredrick

Secretary:

Dr. Tamara Daily

Treasurer:

Charles Cavender

Keane Toney

Elaine Reolfi

Kristin Hackenbracht

Michelle Dellick

Brittany Reed

Bobbie Marsh

Elisa Castile

RJ Fryan

Staff

Jane James: Executive Director

330-455-NAMI [6264] – Business Office

jjames@namistarkcounty.org

Kay Silverwood: Family Involvement

Program Director

ksilverwood@namistarkcounty.org

Sheryl Falcone: Family Involvement Liaison

Heartland Behavioral Healthcare

sfalcone@namistarkcounty.org

sheryl.falcone@mha.ohio.gov

Heartland Behavioral Healthcare

330 833-3135 ext. 1223

Diane Mang: Family Involvement Liaison

Heartland Behavioral Healthcare

dmang@namistarkcounty.org

diane.mang@mha.ohio.gov

Heartland Behavioral Healthcare

330 833-3135 ext. 1223

Mike Rembert, Newsletter Editor

Continued from page 5

managed care. Ohio Medicaid and MHAS have not made any final decisions on the specific requirements for care coordination and the types of managed care entity or entities that will be contracted with for this purpose, but will develop structured processes for stakeholder input to occur during March 2015 and make final decisions soon after. This provision costs \$68.9 million (\$25.9 million state share) in 2017.

Strengthen MHAS Community Supports

Preserves Hospital Capacity to Ensure High Quality Care for Individuals in Crisis. MHAS operates six psychiatric hospitals with a total of 1,181 beds. From 2011 through 2014, total admissions to state psychiatric hospitals increased 35 percent and the overall census increased 6 percent. During this same period, operating costs increased in areas including patient medications, employee insurance, information technology and food service. In response, MHAS took steps to reduce psychiatric hospitals in conjunction with local partners to make targeted investments in these programs.

Supports Prevention and Crisis Intervention. Over the past year, MHAS and other stakeholders established a network throughout the state to share evidence-based practices that encourage the use of trauma-informed care. This approach is critical to helping people heal, and has been shown to reduce the need for seclusion and restraint. The Executive Budget provides funding for MHAS to continue its cross-agency efforts in this area. In addition, the Executive Budget provides funding for suicide prevention, and targets efforts using evidence based practices to focus on individuals who are leaving state psychiatric hospitals, as well as to build capacity within local coalitions and strengthen

Continued on page 6

Ohio's efforts to prevent avoidable tragedies.

Supports Strong Families and Safe Communities. In the last budget, a total of \$5 million was provided for a partnership between DODD and MHAS (called Strong Families, Safe Communities) to work with families in crisis with youth who are at risk to be a danger to themselves and others due to unmanaged symptoms related to their mental illness or developmental disability. This investment funded community projects across the state that focused on coordination and crisis intervention through collaboration. The Executive Budget provides \$3.0 million per year to sustain the partnership into 2017. The Executive Budget includes an investment to build infrastructure and support for prevention programming in a few critical hot spot areas is needed to promote resiliency and help youth to choose a path that does not include substance abuse. A key target population is children with incarcerated parents.

Reduces Administrative Costs and Puts Savings into Services. The Executive Budget continues the commitment made with the original consolidation of the former Ohio Department of Mental Health and the former Ohio Department of Alcohol and Drug Addiction Services to streamline government and reduce administrative expenses. The Executive Budget includes a \$1 million reduction in MHAS central office expenditures with a goal of redirecting that appropriation to add value in the community. This reduction is in addition to the continuation of the \$1.5 million annual reduction taken in the 2014-2015 budget.

More information regarding the Ohio Department of Mental Health and Addiction Services is available at <http://mha.ohio.gov>

Support Groups: For those impacted by mental illness, Family Members and Natural Supports

Canton Open Support Group Sunday Evenings @ 7:00 pm Family Members or Peers

St. Michael's Catholic Church 3430 St Michael Dr. NW Canton, OH 44718
(corner of Whipple & Fulton) Lower level parking lot: Look for sign on door

FaithNet Program Discuss Mental Health from Biblical Perspective

Sundays, 5:30pm @ Wendy's on 3320 Whipple Ave. NW, Canton OH 44718

Refuge of Hope Monday Evening @ 5:00 pm Peers

405 Third Street, NE Canton, Ohio 44702

Alliance Open Support Group 1st & 3rd Thursday Evenings @ 7:00 pm Family Members or Peers

Science Hill Community Church 12316 Beeson St. NE, Alliance, Oh 44601

NAMI Connection Thursday Afternoons @ 2:00 pm Adults with Mental Illness Only

Coleman Behavioral Health, 400 W. Tuscarawas St., Suite 200, N.E., Canton, OH 44702

N Canton Family Support Group 1st & 3rd Wednesday Evenings @ 6:00pm Family Members Only.

Holy Trinity Lutheran Church, 2551 55th St., NE, Canton, OH 44721

Vet to Vet Monday @ 4:30 pm Veterans committed to Recovery

Community Services 625 Cleveland Ave., N.W., Canton, OH 44702

DRA Dual Recovery Anonymous Wednesday at 11:30 am

Holy Trinity Lutheran Church, 2551 55th St., NE, Canton, OH 44721

DRA Dual Recovery Anonymous Mondays at 10:00 am

Hunter House 1114 Gonder Ave., S.W., Canton, OH 44707

Post Peer to Peer Program Recovery Groups For Graduates of Peer to Peer Education Program

The Support groups below are for current psychiatric In-patients and /or their loved ones:

Monday Evenings @ 6:00 pm

Aultman Hospital
Psychiatric Unit, 6th Floor

Tuesday @10:00 am

Crisis Intervention & Recovery Center
Crisis Stabilization Unit

Monday - Friday

Heartland Behavioral Healthcare
HBH Family Involvement Program
330 833-3135 Extension 1223

FREE Education Programs – Call 330 455-6264 to register

PRE-REGISTRATION IS NEEDED by calling for our FREE NAMI Educational Programs.



Family-to-Family

12-week course is for family members and friends of adults with serious mental illness. It is taught by trained NAMI family members.

- Saturday January 24, 9:00 am to 11:30 am, Holy Trinity Lutheran Church, 2551 55th St NE, Canton, OH 44721
- Tuesday March 3, 9:30 am to 12:00 pm, Holy Trinity Lutheran Church, 2551 55th St NE, Canton, OH 44721
- Thursday May 14, 6:00 pm to 8:30 pm, Holy Trinity Lutheran Church, 2551 55th St NE, Canton, OH 44721
- Thursday August 6, 2:00 pm to 4:30 pm, Holy Trinity Lutheran Church, 2551 55th St NE, Canton, OH 44721
- Wednesday September 9, 6:00 pm to 8:30 pm, Holy Trinity Lutheran Church, 2551 55th St NE, Canton, OH 44721
- Monday September 14, 6:00 pm to 8:30 pm, Science Hill Community Church, 12316 Beeson St., N.E., Alliance, OH 44601



Peer-to-Peer

10-week course is for adults who have been diagnosed with a mental illness.

- Wednesday January 7, 6:00 pm to 8:00 pm, Make A Way, 227 Third Street SE, Massillon, OH 44648
- Thursday January 8, 11:30 am to 1:30 pm, Hunter House 1114 Gonder Ave, S.E, Canton, OH 44710
- Monday March 16, 6:00 pm to 8:00 pm, Science Hill Community Church, 12316 Beeson St., N.E., Alliance, OH 44601
- Wednesday June 3, 6:00 pm to 8:00 pm, Make A Way, 227 Third Street SE, Massillon, OH 44648
- Thursday August 13, 6:00 pm to 8:00 pm, Holy Trinity Lutheran Church, 2551 55th St NE, Canton, OH 44721
- Thursday August 13, 11:30 am to 1:30 pm, Hunter House 1114 Gonder Ave, S.E, Canton, OH 44710
- Wednesday October 14, 6:00 pm to 8:00 pm, Make A Way, 227 Third Street SE, Massillon, OH 44648



6 week course is for parents of children with emotional/mental/neurobiological

disorders

- Wednesday March 25, 6:00 pm to 8:00 pm, Early Childhood Resource Center, 1718 Cleveland Ave. NW Canton, OH 44703
- Wednesday September 23, 6:00 pm to 8:00 pm, Early Childhood Resource Center, 1718 Cleveland Ave. NW Canton, OH 44703

WRAP® – Wellness Recovery Action Plan® 10-week course is for adults who have been diagnosed with a mental illness.

- Wednesday February 18, 5:00 pm to 7:00 p.m., Community Services, 625 Cleveland Ave., N.W., Canton, OH 44702
- Thursday June 4, 11:30 am to 1:30 pm, Hunter House 1114 Gonder Ave, S.E, Canton, OH 44710
- Wednesday September 16, 5:00 pm to 7:00 p.m., Community Services, 625 Cleveland Ave., N.W., Canton, OH 44702