

Helping Families in Mental Health Crisis Act Passes House in July, 2016

When President John F. Kennedy signed the Mental Health Act in 1963 and began the process of de-institutionalizing mental health care, the goal was to create community-focused mental health services to support individuals with mental illness.

Unfortunately, this vision was never fully realized. The result is many people with mental illness fall through the cracks and don't obtain the comprehensive mental health services they desperately need, as well as other needs like food, shelter, and basic medical care.

Current statistics paint a picture of our nation's struggling mental health system. Today, the suicide rate is the highest it has been in 30 years. Nearly [60% of adults and 50% of youth](#) ages 8-15 with mental health conditions do not receive treatment. The average delay between onset of mental illness symptoms and intervention is 10 years. Meanwhile, untreated mental illness has the ability to affect all aspects of life, including whether a young person graduates high school or ends up in jail.

People with mental illness need comprehensive mental health reform in order to survive and thrive. That is why NAMI Ohio is launching an eight month advocacy and awareness campaign called "***Bringing Mental Illness Out of the Shadows.***"

To push for comprehensive national reform, we need the support of Ohio's citizens and the mental health stakeholder community. Please keep your eyes open for ways to participate in this campaign throughout the coming months and join us in the fight for the mental health system individuals with mental illness need and deserve.



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The *Helping Families in Mental Health Crisis Act*, introduced by Republican Congressman Tim Murphy (Pennsylvania) nearly a year ago, recently passed in the House of Representatives 422-2.

As Congressman Murphy said,

**"This is a substantive bill—
people all across America are starting
to believe mental illness is an issue
we all need to be concerned
and care about."**

This bill addresses complex issues that affect the lives of families and individuals struggling with mental illness. It attempts to fill in gaps in the mental health system by:

- Enhancing crisis response services
- Providing grants to track inpatient and residential beds
- Promoting early intervention
- Supporting integration of mental health, substance abuse, & primary care
- Improving mental health parity
- Encouraging workforce development in rural areas
- Providing grants to train peer professional workforce

The almost unanimous passing of this bill in the House is in no small part thanks to the efforts of advocates.

This is where NAMI needs your help.

[Contact your members of Congress](#)

and urge them to **vote YES**.

The 60 million Americans with mental illness cannot wait.



Thank you **Stark County Mental Health and Addiction Recovery** for assisting with this newsletter

[If you need assistance for mental health emergency call 911 and request a CIT Officer](#)

U.S. House of Representatives Passes Mental Health Care Reform: NAMI Applauds "A Major Step Forward"

WASHINGTON, July 6, 2016 /PRNewswire-USNewswire/ -- The National Alliance on Mental Illness (NAMI) today applauded the U.S. House of Representatives for taking "a major step forward" to improve the lives of Americans living with mental illness.

The House passed H.R.2646, the "Helping Families in Mental Health Crisis Act," sponsored by Reps. Tim Murphy (R-Pa.) and Eddie Bernice Johnson (D-TX) on a voice vote, without objection.

NAMI Chief Executive Officer (CEO) Mary Giliberti issued this statement:

"The House has taken a major step forward toward mental health care reform. The bill addresses a broad range of issues and provides an important framework for the future."

"Over the past four years, House members have conducted hearings and immersed themselves in mental health policy like never before. Mental health reform is truly a bipartisan issue."

"One in 5 Americans has a mental health condition. With the right help, people with mental illness can live well and thrive, but at least half do not get care. Seventy-five percent of mental illness begins by age 24. The sooner children and young adults get help, the better the outcomes."

"H.R. 2646 addresses gaps in America's mental health system and accommodates different perspectives on complex issues. It will improve crisis response services, provide grants to track inpatient and residential beds, promote early intervention and suicide prevention and support integration of mental health, substance use and primary care."

"NAMI thanks Reps. Murphy and Johnson for their leadership, as well as House Energy and Commerce Committee chair Fred Upton (R-Mich.) and ranking member Frank Pallone (D-N.J.). We also thank Speaker Paul Ryan (R-Wisc.), House Majority Leader Kevin McCarthy (R-Calif.) and Democratic Leader Nancy Pelosi (D-Calif.)."

"All eyes are now on the Senate. The Senate Committee on Health, Education, Labor and Pensions (HELP) unanimously approved its own bill, which is waiting for a vote of the full Senate. Once the Senate acts, differences between the House and Senate can be reconciled." --NAMI Press Release: House Passes MH Reform Bill



Bringing Mental Illness Out of the shadows

Sponsored by The National Alliance on Mental Illness of Ohio

1 IN 5



Americans are affected by mental illness in a given year.

HALF of all lifetime cases of mental illness begin by age **14**.



Suicide is the **10th LEADING CAUSE** of death in the United States.



Approx. **26%** of homeless adults staying in shelters live with serious mental illness.

DEPRESSION IS THE LEADING CAUSE OF DISABILITY WORLDWIDE

ONLY 41% of adults in the U.S. with a mental health condition received mental health services in the past year.



22 veterans die by suicide every day.



Stepping Up Comes to Stark County Jails

On May 18, 2016, the Stark County Commissioners passed a resolution on **Stepping Up**. Stepping Up is a national initiative to reduce the number of people with mental illnesses in jails.

The prevalence of people with serious mental illnesses in jails is three to six times higher than for the general population. Once incarcerated, they tend to stay longer in jail and upon release are at a higher risk of returning than individuals without these disorders. Jails spend two to three times more on adults with mental illnesses that require intervention than on people without those needs, yet often do not see improvements in recidivism or recovery.

The National Association of Counties, the Council of State Governments Justice Center, and the American Psychiatric Foundation have come together to lead a national initiative to help advance counties' efforts to reduce the number of adults with mental and co-occurring substance use disorders in jails. The initiative is about creating a long-term, national movement to raise awareness of the factors contributing to the over-representation of people with mental illnesses in jails, and then using practices and strategies that work to drive those numbers down. The initiative has two key components: a call to action and a national summit.

For more information on Stepping Up in Stark County, contact Jeannie Cool, Forensic Coordinator, at 330-455-6644 or Jeannie.Cool@StarkMHAR.org.

This information came from North Carolina Association of County Commissioners and SCM HAR July 2016 eNewsletter

Nearly 2,000 Inmates In Local Jails Awaiting Psychiatric Hospital Slots, Survey Finds.

In a greater than 2,300-word story, the [Washington Post](#) (6/7, Morse) reports that "in 25 states surveyed this year by the nonprofit Treatment Advocacy Center based in Arlington, Va., 1,956 inmates were in local jails waiting for psychiatric hospital slots, leaving them in facilities that were not designed to meet their needs at what can be triple the cost of tending to other inmates." One factor behind long waits for psychiatric beds, "say corrections officials and the Treatment Advocacy Center, is that more people with profound mental illness are being arrested and booked into jails, while the number of beds at state hospitals is not growing." Meanwhile, "patients in the hospitals...are more acutely sick and more dangerous than in years past, which extends their stays."

-- June 2016 LE and MH news NEWSLETTER

People With Mental Illness Appear To Have A Slightly Lower Arrest Rate For Gun-Related Crimes, Researchers Say.

The [Washington Post](#) (6/7, Johnson) "Wonkblog" reports that even though "people with mental illness were more likely to be arrested for violent crime than the general population over the study period, from 2002 to 2011," a [study](#) published in the June issue of Health Affairs "found they actually had a slightly lower arrest rate for gun-related crimes." Researchers arrived at this conclusion after following some "81,704 adults with schizophrenia, bipolar disorder or depression who were receiving treatment through the public behavioral health systems in two Florida counties."

[The Atlantic](#) (6/7, Beck) points out that the study also "emphasizes that suicide, not homicide, is the major public health problem for" people with mental health disorders who possess firearms. [HealthDay](#) (6/7, Pallarito) also covers the story.

-- June 2016 LE and MH news NEWSLETTER



MOVING FORWARD for MENTAL HEALTH

Annual Moving Forward for Mental Health Walk

Date: Saturday October 15, 2016

When: Registration/Breakfast 9:00 A.M. Walk 10:00 A.M. Lunch 11:00 A.M.

Place: Hoover Park Connector Trail (East Maple Street, North Canton) & Hoover Park Pavilion (1875 East Maple Street, North Canton, Ohio 44720).

Creating a Team Tip: With just a few simple asks and very little time and effort you can raise needed dollars. You can create a team (family, friends, co-workers etc.), register your team captain, name, members and track your donations.

<http://www.firstgiving.com/NamiStarkCountyOH/moving-forward-for-mental-health-walk-2016>

Fundraising Tip: Ask 10 people to join your team. Challenge them to ask 10 others to donate \$10.00 each which would enable your whole team to support our free support, education and advocacy programs for persons and families impacted by mental illness simply asking for \$10.00.



Awards and Door Prizes

Top Fundraising Individual

Top Fundraising Team

Team with most participants

All participants must register for the event and will receive free t-shirt. There is no fee for registration. Please call 330-455-6264 for more information logon to

www.namistarkcounty.org or <http://www.firstgiving.com/NamiStarkCountyOH/moving-forward-for-mental-health-walk-2016>

SAVE THE DATE

For the Annual



Walk is set for SATURDAY OCTOBER 15, 2016 at the HOOVER PARK CONNECTOR TRAIL across from Walsh University in North Canton. For details on how YOU can support NAMI Stark County, and this very important fund & awareness RAISING event, contact NAMI Stark County 330-455-6264 or email Walk Director Kay Silverwood at: ksilverwood@namistarkcounty.org.

https://www.firstgiving.com/NamiStarkCountyOH/2016_Walk

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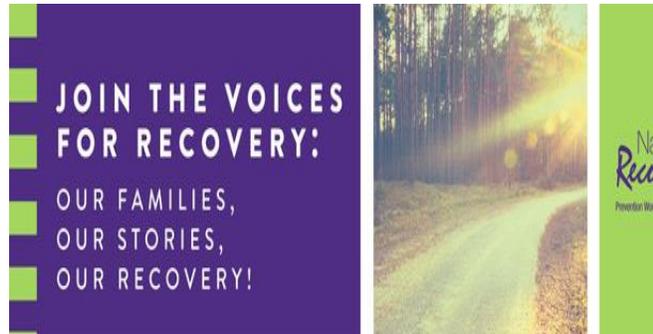
CALENDAR OF EVENTS

VOLUNTEER/EDUCATION OPPORTUNITIES

HEARTLAND BEHAVIORAL HEALTHCARE – DISCHARGE BAGS

SEPTEMBER 2 AND DECEMBER 2, 2016
9:00 AM DOLLAR GENERAL 30TH ST. AND MARKET AVE. N.
10:00AM HEARTLAND BEHAVIORAL HEALTHCARE

OHIO RALLY FOR RECOVERY AT THE OHIO STATEHOUSE
FRIDAY, SEPT. 23 1-3 P.M.



FREE Education Programs – Call 330 455-6264 to register

PRE-REGISTRATION IS NEEDED by calling for our FREE NAMI Educational Programs



Family-to-Family

12-week course is for family members and friends of adults with serious mental illness. It is taught by trained NAMI family members.

- Wednesday September 7, 6:00 pm to 8:30 pm, Holy Trinity Lutheran Church, 2551 55th St NE, Canton, OH 44721
- Monday September 12, 6, 6:00 pm to 8:30 pm, Science Hill Community Church, 12316 Beeson St., N.E., Alliance, OH 44601



Peer-to-Peer

10-week course is for adults who have been diagnosed with a mental illness.

- Wednesday October 5, 5:30 pm to 7:30 pm, Make A Way, 227 Third Street SE, Massillon, OH 44648



6 week course is for parents of children with emotional/mental/neurobiological disorders

- Wednesday September 14, 6:00 pm to 8:00 pm, TBD



6 week course to meet the unique needs of families of our Service Members and Veterans who are living with mental health conditions. It is a six-session adaptation of the evidence based NAMI Family-to-Family program. NAMI Family-to-Family is taught by and for family members who have a relative living with mental illness.

Fall of 2016