

**We invite you to attend
NAMI Stark County 7th Annual Celebration of Volunteerism,
Wellness & Recovery
Tuesday March 8, 2016**

Would you like to nominate your provider or your loved ones provider or nominate a peer? Just complete the nomination forms on page 7 and 8

An evening of celebration and recognition.

Volunteer Recognition

Volunteer of the Year Recognition

Professional of the Year Recognition

Peers of the Year Recognition

Holy Trinity Lutheran Church

2551 55th St., N.E., North Canton, OH 44720

5:30 pm Appetizers, Desserts and Music

6:30 pm Volunteer, Professional and Peer Recognition

No charge for this event, but please call the NAMI Office to reserve your seats at 330-455-NAMI by February 19, 2016.

See page 7 and 8 for Nomination forms ;.Please submit by February 19. 2016. Questions please call Jane or Kay at 330-455-6264

What Is CIT?

A Crisis Intervention Team (CIT) program is a model for community policing that brings together law enforcement, mental health providers, hospital emergency departments and individuals with mental illness and their families to improve responses to people in crisis. CIT programs enhance communication, identify mental health resources for assisting people in crisis and ensure that officers get the training and support that they need.

What Does CIT Training Include?

CIT programs provide officers with 40 hours of intensive training, including:

- **Learning from mental health professionals and experienced officers in your community.** One of the reasons CIT is successful is that it connects officers with a team of clinicians and fellow officers who can advise, problem-solve and support them when a challenging situation occurs.
- **Personal interaction with people who have experienced and recovered from mental health crisis and with family members who have cared for loved ones with mental illness.** NAMI members present at the training, providing officers a first-hand opportunity to hear stories of recovery, ask questions and learn what helps (and harms) when a person is in a crisis.
- **Verbal de-escalation skills.** CIT teaches a new set of skills for ensuring officer safety – the words, approach and body language that convince a person to get help, or defuse a potentially violent encounter.
- **Scenario-based training on responding to crises.** With the help of volunteers or actors, officers practice their skills in common crisis situations, and get immediate feedback from instructors and classmates.

A national CIT training curriculum model was developed through a partnership between NAMI, the University of Memphis CIT Center, CIT International and the International Association of Chiefs of Police. The curriculum provides an outline for local programs to follow and programs often innovate within these guidelines to meet local needs.

The Benefits of CIT

CIT gives officers more tools to do their job safely and effectively. It helps keep people with mental illness out of jail, and get them into treatment, where they are more likely to get on the road to recovery.

- CIT improves officer safety. After the introduction of CIT in Memphis, Tenn., officer injuries sustained during responses to “mental disturbance” calls dropped 80%.

Continued on page 4



MENTAL HEALTH
AND RECOVERY
SERVICES BOARD
of Stark County

ENRICHING LIVES THROUGH WELLNESS AND RECOVERY

Thank you to the Mental Health
& Recovery Services Board for
assisting with this newsletter.

**If you need assistance
for mental health
emergency call 911
and request a CIT
Officer**

CALENDAR OF EVENTS

VOLUNTEER/EDUCATION OPPORTUNITIES

**HEARTLAND BEHAVIORAL HEALTHCARE –
DISCHARGE BAGS**
DATES: MARCH 4, JUNE 3, SEPTEMBER 2 AND
DECEMBER 2, 2016
LOCATION: HEARTLAND BEHAVIORAL HEALTHCARE

**MENTAL HEALTH AND RECOVERY SERVICES
BOARD STARK COUNTY**
MENTAL HEALTH FIRST AID YOUTH
DATES: MARCH 29 - 30
LOCATION: CANTON, OH
REGISTRATION REQUIRED:
WWW.STARKMHR SB.ORG

**MENTAL HEALTH AND RECOVERY SERVICES BOARD STARK
COUNTY MENTAL HEALTH FIRST AID**
DATES: FEBRUARY 24 - 25
LOCATION: CANTON, OH
REGISTRATION REQUIRED: WWW.STARKMHR SB.ORG

NAMI Responds to the Obama \$500 Million Mental Health Proposal

Obama proposed a \$500 million increase in funding for mental health treatment nationwide in response to recent gun violence as part of a proposal to deal with the wave of mass shootings. Here is some of NAMI's reaction:

- NAMI applauds the Obama Administration for proposing an increase of \$500 million in federal funding for mental health care. This funding will be helpful in addressing severe gaps in availability of mental health care throughout the country. It will be important to ensure that this funding is targeted for the most effective services that facilitate recovery and reduce tragic consequences stemming from lack of services, such as suicides and involvement in criminal justice systems.
- NAMI looks forward to providing input from our members on future proposed rules. Generally, NAMI strongly believes that inclusion in the NCICS background check system should be based upon risk factors for violence identified through research and not on stereotypical, unsubstantiated assumptions about the relationship between mental illness and violence.
- People living with mental illness, in general, pose no greater risk of violence to others than anyone else. They are more often the victims of violence than the perpetrators of violence. Factors that may increase the risk of violence among people living with mental illness include use of alcohol or drugs as well as untreated psychosis.
- Mental illness, particularly depression, is more strongly linked with risk of suicide. While most suicide attempts do not involve guns, half of completed suicides involve the use of firearms. NAMI strongly supports efforts to improve availability of mental health care and to reduce suicide

Mental Health Provisions in Obama Administration's Proposals on Gun Violence email from NAMI

VOLUNTEER OPPORTUNITY TO HELP SUPPORT NAMI STARK COUNTY

As the head usher at the Canton Memorial Civic Center I have the opportunity to offer NAMI Stark County the wonderful chance to earn money for NAMI Stark County by ushering for all major events at the Civic Center, during the 2015/2016 season. For every volunteer hour you usher NAMI Stark County earns \$8.00. I normally have 10 to 22 ushers per event working 4 hours. We would work concerts, wrestling matches, children's shows, and the most consuming but a great money maker, The Charge Basketball team, which is part of the D league for the Cavaliers. Our dress for the Charge is beige pants and a yellow Charge polo provided by the Charge. For all other events we wear beige pants and white shirts.

Civic Center Schedule

Date Time Event

02/09/16	5:30 PM	Canton Charge
02/16/16	5:30 PM	Canton Charge
02/20/16	5:30 PM	Canton Charge
02/24/16	5:30 PM	Canton Charge
02/26/16	5:30 PM	Canton Charge
02/27/16	5:30 PM	Christian Concert
02/28/16	1:30 AM	Canton Charge
03/05/16	11:30 AM	Canton Charge
03/09/16	5:30 PM	Canton Charge
03/11/16	5:30 PM	Canton Charge
03/12/16	5:30 PM	Canton Charge
03/23/16	5:30 PM	Canton Charge

To volunteer, please email me at
ncoastnewf@aol.com
or call me at 330-806-8575 Shirley

I look forward to working
with all of you,
Shirley Cavender

- CIT is the best program. Compared to other jail diversion programs, officers say CIT is better at minimizing the amount of time they spend on mental disturbance calls, more effective at meeting the needs of people with mental illness and better at maintaining community safety.
- CIT saves public money. Pre-booking jail diversion programs, including CIT, reduce the number of re-arrests of people with mental illness by a staggering 58%.³ Individuals who encounter a CIT-trained officer receive more counseling, medication and other forms of treatment than individuals who are not diverted—services that keep them out of expensive jail beds and hospitals. For example, in a study in Detroit, housing an inmate with mental illness in jail costs \$31,000/year, while community-based mental health treatment costs only \$10,000/year.
- See more at: <http://www.nami.org/Get-Involved/Law-Enforcement-and-Mental-Health/What-Is-CIT#sthash.FlzG873q.K5j8IHKI.dpuf>

Congress' Budget Deal to Fully Fund Assisted Outpatient Treatment

(Dec. 18, 2015) Congress today approved a \$1.1 trillion omnibus spending measure, including full funding for a new grant program to help local mental health systems establish and implement assisted outpatient treatment (AOT) programs nationwide.



This marks the first time Congress has funded court-ordered treatment in the community for people with severe mental illness.

AOT give courts the ability to mandate treatment in the community for severely and chronically mentally ill people who have been in and out of psychiatric hospitals or jails and who are too sick to recognize their illness.

Appropriators highlighted the role and benefits of AOT in an accompanying committee report that clarified intent for the omnibus spending: “Nearly half of individuals with schizophrenia or bipolar disorder do not recognize they have a mental illness, making it exceedingly difficult for them to follow through on a treatment regimen. AOT has been proven to reduce the imprisonment, homelessness and emergency room visit rates among this population by 70 percent.”

A recent study conducted by Health Management Associates supporting the appropriators’ conclusion about the benefits of AOT determined that the programs also reduce taxpayer costs associated with untreated serious mental illness. Costs of serving clients in AOT programs were more than offset by the reduced need for inpatient hospitalization and other high-cost services. The study found a net public savings resulted in areas where AOT was implemented.

“With this funding, Congress recognizes the value of investing in programs that focus on early intervention to improve outcomes for people with severe mental illness,” said Treatment Advocacy Center Executive Director John Snook. “AOT is a proven model for providing much needed care to those who are otherwise lost to homelessness, incarceration or an early death.”

AOT has been recognized as an evidence-based intervention by the Substance Abuse and Mental Health Services Administration and the U.S. Department of Justice.

“This money will catalyze programs to help people with severe mental illness all across the country,” the executive continued. “Congress took action today to affirm the value and benefits of AOT and the unacceptability of the status quo.”

<http://www.treatmentadvocacycenter.org/about-us/our-blog/69-no-state/2982-congress-budget-deal-to-fully-fund-assisted-outpatient-treatment>

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Mike Rembert, Newsletter Editor

Time for Advocacy Now! With Two Federal Mental Health Bills

While Congress lets mental health reform legislation languish on the sidelines, millions of Americans struggle daily to get the mental health care they need. Congress should play like America's team and champion bipartisan mental health reform (HR 2646 and S 1945) now.

How will mental health reform legislation help? Mental health reform will help people living with **mental health conditions** by:

1. Improving the availability of quality mental health care
2. Promoting early identification and intervention
3. Reducing criminalization
4. Enforcing insurance parity

Action Needed

Please tweet and email your U.S. Senators and U.S. Representative and **urge them** to pass mental health reform (HR 2646 and S 1945) now.

Thank you for your advocacy!

CIT Training: March 28-April 1, 2016 (Graduation is scheduled for April 1, 2016, 1:00pm-2:30pm, at Stark State College, Advanced Technology Center.)

Volunteers are needed for the home visits on Tuesday and Wednesday (3/29 and 3/30 from 1-4p) Call Jane at 330 455-6264



Building Hope for Recovery through Education, Support and Advocacy

**NAMI Stark County 7th Annual Celebration of
Volunteerism, Wellness & Recovery
Tuesday, March 8, 2016, 5:30pm**

PROFESSIONAL OF THE YEAR NOMINATION FORM

May include psychiatrists, nurses, therapists, case managers, peer specialists, etc.

Using agency letterhead attached to this form, please briefly tell us:

1. Name and title of person nominating and contact information including name, work address & phone number
2. Nominee's Name and title (employee to be nominated)
3. Nominee contact information including name, work address & phone number
4. Reason for nominating this professional. We are looking for attributes such as, but not limited to:
 - Strong ability to build a therapeutic relationship
 - Client focused
 - Recovery oriented
 - Good listening and communication skills
 - Incorporates Motivational Interviewing
 - Trauma informed
 - Culturally competent

INFORMATION RELEASE

NAMI Stark County and the above named agency have my permission to release my name and information for the sole purpose of the Professional of the Year award. If chosen, my photo and other information shared on the attached sheet(s) may also be shared with those attending the award ceremony and NAMI's newsletter and other media/publications.

Name (Nominee) (please print): _____

Nominee Signature: _____ Date: _____

Person Nominating (please print): _____

Person Nominating Signature: _____ Date: _____

There is no limit to how many persons an agency can nominate. All Nominees will be recognized. Winners will receive a plaque and prize.

Nominations must be received by February 19, 2016

Submit to NAMI Stark County by 2/19/16 via mail, fax or email. Address: 121 Cleveland Ave. SW, Canton, Oh 44702. Fax: 330-455-6265. Email: namistark@namistarkcounty.org



Building Hope for Recovery through Education, Support and Advocacy

NAMI Stark County 7th Annual Celebration of Volunteerism, Wellness & Recovery Tuesday, March 8, 2016, 5:30pm

PEERS OF THE YEAR NOMINATION FORM

Using agency letterhead attached to this form, please briefly tell us:

1. Name and title of person nominating and contact information including name, work address & phone number
2. Peer (Client) Name
3. Peer (Client) information including name, work address & phone number
4. Description of how the nominee has taken an active role in his/her recovery.

Examples include:

- Participation in treatment (medication, one-on one therapy, group therapy, etc.)
- Maintaining sobriety (if this applies)
- Maintaining stability
- Going beyond the norm to help themselves and others
- Volunteering time to help at an agency or helping others in their recovery
- Returning to work and excelling at a job
- Or other reasons for nominating

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Name (Nominee) (please print): _____

Nominee Signature: _____ Date: _____

Person Nominating (please print): _____

Person Nominating Signature: _____ Date: _____

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